Chessington PE core Curriculum

Stretch and Challenge

Extra curricular Sport | Fixtures | Leadership opportunities

Individual sports | Alternative sports | Team sports | Fitness

Year 11

Team sports | Leadership opportunities | Alternative Sports | Individual sports

Year 10

Athletics | Ultimate Frisbee | Volleyball | Dance

Netball | Football | Hockey | Badminton

Students will combine a theoretical and practical approach to learning

Year 9

Athletics | Cricket | Rounders | Tennis | Tchouckball

Intermediate skill development, cognitive understanding & competitive practice

Rugby | Table Tennis | Basketball | Fitness | Handball

Intermediate skill development, cognitive understanding & competitive practice

Year 8

Rounders | Athletics | Football | Gymnastics

Basic skill development, cognitive knowledge & practical application

Year 7

Sports Hall Athletics | Netball | OAA | Rugby | Badminton

Basic skill development, cognitive knowledge & practical application

Transition

Welcome to Chessington School | Sport Scholarship opportunities | Taster sessions

Team sports
Individual sports
Alternative sports

Chessington prime curriculum

Stretch and Challenge

Extra Curricular Sport | Fixtures | Leadership opportunities

Year 11

Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity

Exams | Revision | Use of data | Socio-cultural influences | Movement analysis

GCSE students assessed in 3 green & blue sports from below (at least one of each)

Preparing Participants to Take Part in Sport and Physical Activity

Taking Part and Improving Other Participants Sporting Performance

Applied anatomy & physiology | Physical training | Health, Fitness & Wellbeing | Sport psychology | Coursework

Year 10

GCSE or BTEC pathway - BTEC students assessed in 1 green or blue sport from below

Athletics

Ultimate Frisbee

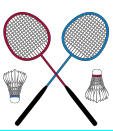
Volleyball

Dance

Netball

Football

Hockey


Badminton

Students will combine a theoretical and practical approach to learning

Year 9

Athletics

Cricket

Rounders

Tennis

Tchouckball

Intermediate skill development, cognitive understanding & competitive practice

Rugby

Table Tennis

Basketball

Fitness

Handball

Intermediate skill development, cognitive understanding & competitive practice

Year 8

Rounders

Athletics

Football

Gymnastics

Basic skill development, cognitive knowledge & practical application

Year 7

Sports Hall Athletics

Netball

OAA

Rugby

Badminton

Basic skill development, cognitive knowledge & practical application

Team sports
Individual sports
Alternative sports

Transition

Welcome to Chessington School

Sport Scholarship opportunities

Taster sessions

Chessington Sixth Form Sports Academy

Coaching opportunities | Coaching courses | Skill development | Fitness development

Stretch and Challenge

Fixtures

Research Methods in Sport | Sports Injuries | Skill Acquisition in Sport

Sports Leadership | Investigating Business in Sport and the Active Leisure Industry | Coaching for Performance

Year 13

Fitness Training and Programming for Health, Sport and Well-being | Development and Provision of Sport and Physical Activity | Application of Fitness Testing

Professional Development in the Sports Industry | Rules, Regulations and Officiating in Sport | Anatomy & Physiology | Practical Sports Performance | Sports Psychology

Students will combine a theoretical & practical approach to learning

Year 12

BTEC Level 3 National in Sport - Extended Diploma | Interviews | Trials

Apply