	Autumn 1	Autumn 2	Spring 1	Spring 1 Spring 2			Summer 1	Summer 2
7	Rotation 1 - half term Fruit and vegetables First rotation of food technology is based on Fruit and vegetables. Students explore health and safety and also equipment. Students have a safety test on the main equipment including knifes, stoves and ovens.	Rotation 1- DT HALF TERM Finish rotation 1 and rotate with other technology class , begin rotation 1 again with new class 17/11 During the 10 week rotation, students will have one practical assessment and one written assessment	<i>Rotation 1- Textiles half term</i> Repeat of rotation 1 with a new class until 20/02		the eatwell guide to students. Students make more complex dishes and start to put a personal spin on them. Health and safety is repeated and electrical		on 2-Half term rotation 2 and rotate with other ology classes, begin rotation 2 again with ass 17/05 g the 10 week rotation, students will one practical assessment and one written ment	Rotation 2- half term Repeat of rotation 2with a new class until 20/07
8	Rotation 1 (half termly) Energy and Nutrition The first rotation of food in year 8 focuses on nutrition. Students look at energy and food sources of this. Students study the difference between slow and fast release carbohydrates and body issues regarding this. Students complete practicals and written theory week	Rotation 1 (half termly) Finish rotation 1 and rotate with other technology class , begin rotation 1 again with new class after half term During the 6/7week rotation, students will have one practical assessment and one written assessment	and rotate with other , begin rotation 1 again with palf termFinish rotation 1 and rotate with other technology class , begin rotation 1 again with new class after half termeek rotation, students willSo by feb half term, all students have		Rotation 2 (half termly)Special diets The second rotation of food in year 8, is based on food providence. And different special diets people may have. Students study food origins and the food chain. They look into food supply and suppliers. Students understand air miles and sustainability. Students will also have		on 2 (half termly) rotation 2 and rotate with other ology class , begin rotation 2 again with ass after half term ; the 6/7week rotation, students will ne practical assessment and one written ment	Rotation 2 (half termly) Finish rotation 2 and rotate with other technology class , begin rotation 2 again with new class after half term until the end of year
9	Rotation 1 - half term Inside the kitchen The year 9 SOW very closely copies that of the GCSE course, to prepare students who take food as an option. The first rotation is based on unit 1- the industry. Students will study topic areas from the hospitality and catering industry and understand how a kitchen and restaurant workflow. The rotation will be split 50% practical and theory each	Rotation 1 - half term Finish rotation 1 and rotate with other technology class , begin rotation 1 again with new class 17/11 During the 10 week rotation, students will have one practical assessment and one written assessment	Rotation 1 - half term Repeat of rotation 1 with a new class up 20/02	ntil Rotation 2 (half term) Catering in Action Rotation 2 of year 9, prepares students for the coursework element of GCSE, unit 2. This includes looking into a range of topics then designing their own dishe to meet the task question. This rotation is 50% of each theory and practicals		Finish techno new cl During	on 2 (half term rotation 2 and rotate with other ology classes, begin rotation 2 again with ass 17/05 5 the 10 week rotation, students will ne practical assessment and one written ment	Rotation 2 (half term) Repeat of rotation 2with a new class until 20/07
	Unit 1 theory section 1	Unit 1 theory section 2	Unit 1 theory section 3		Unit 1 theory section 4		Revision of all of unit 1	Prep for starting NEA in Y11
10	THE ENVIRONMENT IN WHICH HOSPITALITY AND CATERING OPERATESStudents will start working on AC 1.1-1.4 this half term. Students will also start developing high skill practical skills and plating upAssessment week 5th Oct Students will have a practical and written assessment	this half term. Students will also startthis half term. Students will also startdeveloping high skill practical skills andcolspan="2">colspan="2">colspan="2">colspan="2">colspan="2">this half term. Students high skill practical skills andplating up.Assessment week 14th DecStudents will have a practical and writtenStudents will have a practical and written	nd catering provisi ty requirements AC 2.1-2.3 students will start working on AC 3.1-3.3 Iso start this half term. Students will also complete practicals learning high skills .		developing high skill practical skillsand plating up skillsStudents to		CSE exam to be taken in June o revise all areas of unit 1 on time and planned n times	After the June exam, students will begin to get prepared for the start of the coursework. Mainly focusing on practical exams for the cooking element but also some of the key research topics.
11 Juqas	Non Examination Assessment 60% of course grade Describe the functions of nutrients in the human body compare nutritional needs of specific groups explain characteristics of unsatisfactory nutritional intake explain how cooking methods impact on nutritional value Explain factors to consider when proposing dishes for menus explain how dishes on a menu address environmental issues explain how menu dishes meet customer needs production of dishes for a menu Use techniques in preparation of commodities Assure quality of commodities to be used in food preparation Use techniques in cooking of commodities Complete dishes using presentation techniques Use food safety practices Students will start and complete all written and cooking elements of the coursework. Final practical outcome to be over 4 hours on one single day at the end of Jan (before Feb half term). All written coursework to be handed in by Feb half term holidays. Final practical exam End of Jan			topics, in le			Revision Students to revisit all of unit 1 theory topics, in lesson times and during planned intervention times	Exams 16th June 9.00AM