



CHESSINGTON
SCHOOL

Sixth Form and Sports Academies 2022-23



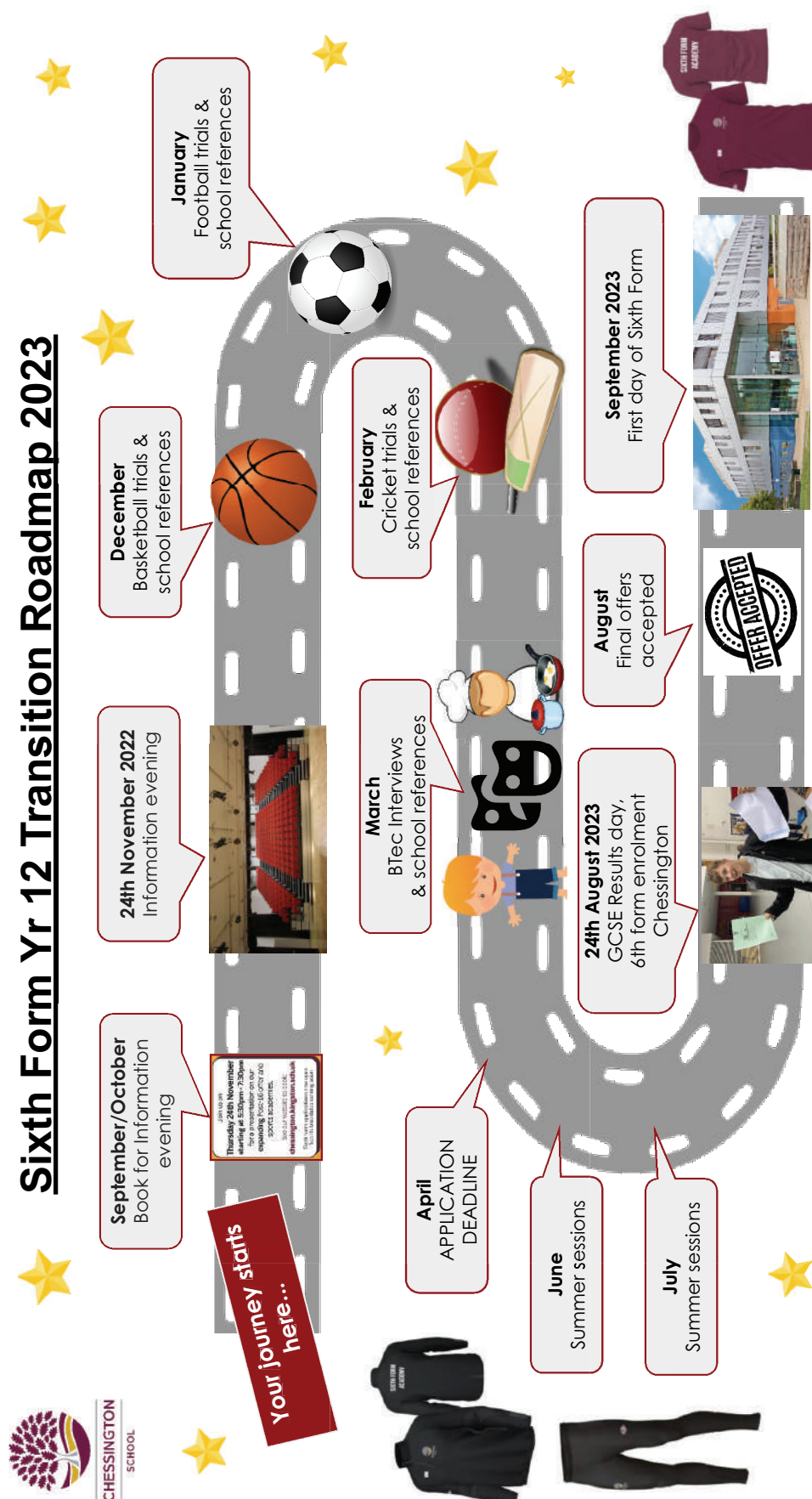
Everyone valued • **Every day** an opportunity • **Every moment** focused on success

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Transition Road Map



Cricket Academy

The Chessington School Sixth Form Cricket Academy is a fantastic opportunity for 16-18 year olds to continue their education whilst improving and developing their cricket skills and knowledge.

The government funded programme offers students a unique mix of education and personal development through engagement with cricket.

Experienced, qualified coaches and school staff lead students through the two-year programme, which is ideal preparation for a career in sport, sports apprenticeships, university, and other pathways.

We are looking to recruit talented Year 11 cricket players (male and female) who want to combine their passion for the sport with their commitment.

Cricket training is equivalent to two days per week plus classroom sessions. There will also be a match day each week.

Team practices, small group sessions and one-to-one coaching will ensure we get the very best progress from all our players.

At our Cricket Academy the student athlete comes first. Individual development, including opportunities on and off the field, will be at the forefront of everything we do.

Cricket programme provider

The cricket programme is led by Twenty20 Community Cricket. The programme manager is former High-Performance lead for Iceland and Sierra Leone national teams, Darren Talbot. Darren is also the Inclusion lead for the Surrey Junior Cricket Championship (SJCC) and former CEO of the England Cricket Association for the Deaf Charity. He is supported by experienced coaches, Surrey Association for Cricket Officials and a Physical Education Examiner with nearly 40 years experience in school PE.



What our students say

“

Being part of a team boosts my confidence and helps me learn new skills like leadership”

The cricket programme

Players work with leading coaches from Twenty20 Community Cricket for up to six hours in the curriculum per week plus matches.

The cricket will take place with a mixture of training and classroom sessions. There will also be a match day each week.

As well as developing their skills and improving their understanding of cricket, players will take part in competitions throughout the year, including local schools, Surrey Mens Cricket league and Surrey Schools Cricket Association competitions.

Chessington School Sixth Form Cricket Academy students receive their own personalised training and playing kit as well as accessing exclusive discounts on equipment with our official partners.

They will be expected to take cricket coaching and officiating courses (certificated courses at extra cost) which will facilitate further opportunities in the game.

On completing coaching courses and reaching the age of 18, students will be given the opportunity for seasonal employment as coaches and with the further possibility of an apprenticeship with Twenty20 Community Cricket.

Learning will be supported with additional technology including StanceBeam batting and video training app and CricHeroes scoring and player Insight analysis which will allow every match and every strength and weakness to be analysed in detail and improvement measured.

As well as working on the technical aspects of cricket, players will work on captaincy, field placing, approach to different formats, strength and conditioning, psychology, nutrition and much more – every aspect of the game!



Basketball Academy

Chessington School Sixth Form Basketball Academy is a great opportunity for 16-19 year olds to continue their education whilst improving and developing their basketball skills and overall knowledge of the game.

It is a Government funded programme that offers student athletes a unique mix of education and personal growth through basketball.

Chessington School Basketball Academy students will play in the very competitive College Basketball League (CBL) and national schools competition. Academy students will also have 15 hours of basketball activities per week scheduled around their sixth form time table.

The two-year programme will be run and delivered by experienced coaches, who will provide knowledge and guidance, helping prepare each student for the next level in their careers. Our aim is to aid in creating future pathways such as careers in sport, obtain sports apprenticeships or university scholarships (foreign and domestic).

We provide a comprehensive training programme that will enable each student athlete at our academy to push themselves to the next level. Team and individual practices, small group

sessions and strength and conditioning coaching will ensure we get the very best progress from all of our players. At our Basketball Academy the student athlete comes first. Individual development, including opportunities on and off the field, will be at the forefront of everything we do.

Basketball programme provider

The academy programme is led by Head Coach, Marvin Addy, who also coaches the under 18s National League team at the Kingston Wildcats. Alongside a successful 20+ years of playing semi-professional basketball, Coach Marvin also has over 15+ years of experience coaching National League Junior basketball and specialises in player development.



What our students say

“

I am hoping to do a scholarship when I complete this BTEC course and pursue extra education in America or Europe”

The basketball programme

Our academy students work with leading coaches and PE teachers for up to 15 hours in the curriculum per week plus matches. Our aim is to develop well-rounded sports men and women in terms of skills, knowledge and experience.



What can students expect?

- 15 hours of professional basketball coaching per week
- Team and individual skill development programmes
- Strength and conditioning programme
- Basketball specific fitness sessions
- Exercise and nutrition programmes
- Mentoring drop-in sessions
- League and cup competitions
- Game film analysis
- Training and match kit
- Tickets to games
- Career guidance

Through commitment and hard work, Chessington School Basketball Academy will open the door to your future.

We care about you and your development, not just on the court but also in the classroom with your studies and the choices you make.



Football Academy

The Chessington School Sixth Form Football Academy is a fantastic opportunity for 16-18 year olds to continue their education whilst improving and developing their football skills and knowledge.

The government funded programme offers students a unique mix of education and personal development through engagement with football.

Experienced, qualified football coaches and school staff lead students through the two-year programme, which is ideal preparation for a career in sport, sports apprenticeships, university, american soccer scholarships and other pathways.

We are looking to recruit talented Year 11 football players who want to combine their passion for the sport with their commitment.



Football programme provider

The football programme is led by Chessington & Hook Utd FC Academy.



At Chessington, we believe that football should be accessible to all. We offer an intensive football development programme and teach Coaching, Scouting, Performance Analysis and Research. Our experienced staff and coaches have created a unique and dynamic play and study programme, capable of enabling all young players to realise their footballing dreams.

What our students say

“

Our football coach is great fun and he understands what I am doing, wrong or right, he finds ways to help me be as best as possible”

The football programme

Players work with leading coaches from Chessington & Hook Utd FC for up to nine hours in the curriculum per week plus matches.

The elite training will take place across each morning in the week. Sessions will be based around the individuals developing their football skill set with a focus around our ethos of developing brave, confident footballers who take risks on the ball. There will also be a match day on Wednesdays each week.

As well as playing our U19s national league fixture every Wednesday afternoon on the 1st team pitch at Chessington & Hook Utd FC, we will have lots of other matches and competitions throughout the year. We have our U18s side who play in the Combined Counties U18s midweek league under floodlights, the prestige FA Youth Cup, Surrey Cup, Surrey Schools Cup, U18s School league and also U18s National Cup.

We have a real key focus on creating the player pathway. The pathway from the Academy, to U18s football, to U23s football and all the way to first team football – at Chessington & Hook Utd FC. Six of the current first team all are products of the youth team.

Students will also develop their coaching skills; these softer skills will provide opportunities for the players to develop as young people and to enhance their CVs.

There will be FA Level 1 & 2 coaching courses run which will facilitate further opportunities in the game.

On completing coaching courses, students will be given the opportunity for part-time employment as coaches.

Learning will be supported with additional technology including our VEO camera, STATS Sports performance vests for analysis which will allow every match/training session and every strength and weakness to be analysed in detail and improvement measured.

As well as working on the technical aspects of the game day in day out, we will create the professional environment where breakfast will be provided before training each day and be educated on the importance of nutrition. Each player will receive their detailed strength and conditioning program which will be focused on one day each week.

What can students expect?

- 15 hours of professional football coaching per week
- Team and individual skill development programmes
- Strength and conditioning programme
- Football specific fitness sessions
- Exercise and nutrition programmes
- Mentoring drop-in sessions
- League and cup competitions
- Game film analysis
- Training and match kit
- Tickets to games
- Career guidance

Rugby Academy

Chessington School Sixth Form Rugby Academy is a great opportunity for 16-19 year olds to continue their education whilst improving and developing their rugby skills and overall knowledge of the game.

We are looking for male and female rugby players who want to combine their passion for the sport with their commitment to Sixth Form academic study from September 2022. Chessington School Rugby Academy students will play in competitive and local leagues, with first class coaching, conditioning and fitness training from the Harlequins Foundation. It is a Government-funded programme that offers student-athletes a unique mix of education and personal growth through rugby. Academy students will have 15 hours of rugby activities per week scheduled around their sixth form timetable.

The two-year programme will be run and delivered by Harlequins Foundation skilled and experienced coaches and school staff, who will provide personal player analysis, knowledge and guidance, helping prepare each student for the next level in their careers. Students are encouraged to stay on top of their studies, with the rugby staff also providing pastoral support in helping the students to manage their time effectively. Our aim is to aid in creating future

pathways such as careers in sport, obtaining sports apprenticeships or university scholarships (foreign and domestic). Our focus is on inspirational solutions using education, sports, skills development and entrepreneurship.

Rugby programme provider

The academy programme is led by the Harlequins Foundation, established in 2015 by Harlequins F.C. to put communities at the heart of everything they do. Focussing on inspirational teaching and education, skills development and entrepreneurship.

Students develop the necessary skills, qualities and characteristics that are required to work within sport development roles at a local, regional or national level; as well as grassroots or elite coaching roles.



What our students say

“

Being part of the Sixth Form team makes you feel like you are part of the wider Chessington family”

The rugby programme

Academy students work with leading coaches from Harlequins Foundation for up to 15 hours in the curriculum per week plus matches. We aim to set the highest standards, whilst producing not only high-level rugby players but role models in society. Education comes first and we demand 100% from the classroom to the rugby pitch.

What can students expect?

- 15 hours of training/player development per week
- Team and individual coaching sessions
- League and cup competitions
- Strength and conditioning programme
- Individual skill development programmes
- Game film analysis
- Theory sessions for coaching
- Fitness sessions, skills work and weight training
- Guest coaches who have played at a high level
- A balance of academic study with rugby commitment
- gain invaluable work experience and build links for your future career

Through commitment and hard work, Chessington School Rugby Academy will open the door to your future.



Sports Timetable

Example BTEC sports timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
06:45-07:45	Team training				Team training
07:50-8:30			Year 7 Scholars support		Year 8 Scholars support
8:30-9:00 Year 12	Tutor				Vertical Tutor in Houses
Period 1	Fitness/ gym	Fitness/ gym	BTEC	Home study	Independent study
Period 2	Independent study	Independent study			
BREAK					
Period 3	Skills training	Skills training	BTEC	Fitness/ gym	Fitness/ gym
Period 4				Classroom	Classroom
LUNCH					
Period 5	BTEC	BTEC	Fixtures	BTEC	Skills training
Period 6					
3:15-4.15		Assist girls training	After school	Assist boys training	
4.15-5:30		Team training		Team training	

Level 3 National Extended Diploma in Sport

BTEC Level 3 National Extended Diploma in Sport

Sport qualifications will be delivered at Chessington School where students will study for a BTEC Level 3 qualification. The courses will encompass practical techniques, academic knowledge and technical skills. The course also incorporates a mix of practicals, classroom lectures, industry visits and case study exercises. The BTEC course gives good technical training and education providing a vocational alternative to A-Levels and the opportunity for successful students to progress to Higher Education. This is a two-year full-time theory and practical course for anyone with a serious desire to have a career in sport, health and fitness, sports coaching or sports and exercise rehabilitation.

Entry Requirements:

Students are normally aged 16 or over. 5 GCSEs at grade 4 or above including English and Maths and either a grade 5 in PE or a 5 in a Science.

Applicants for all courses are expected to show a strong commitment to the industry and a strong personal statement.

Assessment

Assessments will include assignments, presentations and reports alongside externally assessed written examinations worth between 20-25% of the overall grade.

Progression and careers

Depending on the number of UCAS points gained, this course is an ideal springboard for progression to a Foundation Degree or Full Degree. Successful students may progress to higher education course such as:

- FdSC Coaching and performance
- FdSc Strength & Conditioning
- FdSc Sports Coaching

Plus there is a range of BA and BSc undergraduate degrees:

- BA (Hons) in Sports Development and Management
- BSc (Hons) in Sports Management
- BSc (Hons) Sports Business Management
- BSc (Hons) Sport and Leisure Management
- BSc (Hons) Sports Science (Outdoor Activities)
- BSc (Hons) in Exercise, Health and Fitness
- BSc (Hons) in Sport and Exercise Psychology

Progression routes include employment or further training in the following fields:

- Sport and Exercise Science
- Sport, Leisure and Business Management
- Business Management
- Sports Marketing
- Fitness Training
- Outdoor Education
- Sports Coaching and Leadership
- Teacher Training
- Event Management
- Sports Development

Learning support

There is a variety of support available which can be tailored to suit individual needs; this usually takes the form of individual and small group lessons. Examination access arrangements can be organised for pupils who qualify. The progress of students is carefully recorded and monitored to ensure that the level of intervention remains appropriate. Study skills lessons can also be arranged on an individual or small group basis.

Vertical Tutoring

All students are allocated to one of our four houses when they join us. Every Friday tutor time, all Chessington students change to a vertical house tutor system. This allows our younger years to get to know older students, and for our Upper School and Sixth form students to support and mentor the younger students in lower school. As a house team they will take part in a range of activities across the year such as charity and community work, personal development, competitions, following the 'GREAT' ethos and house assemblies.

Careers

This course opens up plenty of opportunities in the sports industry due to the wide variety of topics studied. Students are prepared for all jobs which can include teaching, personal training, sports coaching, sports development and many more. Students also develop professional, personal and social skills through interaction with peers, team mates, staff and teachers, as well as theoretical knowledge and understanding to underpin these skills. Transferable skills such as communication, problem solving, time management, research and analytical skills will all be required by employers.

Taster sessions

Each quarter we hold sports trials where you can discover more about our academies and how you can take part in sport alongside your studies. The Sports Academy is open to all students aged 16-18 although we expect entrants to have a solid background of playing experience and show full commitment to the team, as well as determination to improve. For more information or to book your place on a trial, please email:

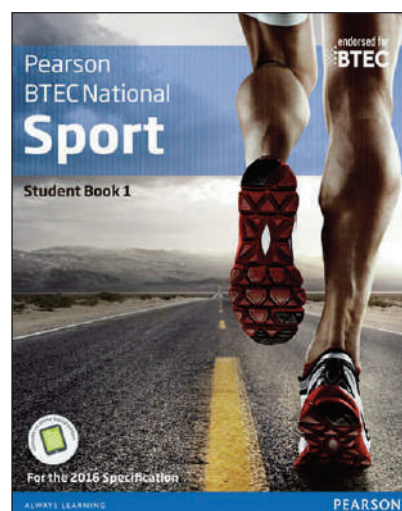
lrowden@chessington.kingston.sch.uk

Course start date

September 2023

What to do next?

1. Please send an expression of interest email to **lrowden@chessington.kingston.sch.uk**
2. Sign up to attend sports trials and take a full tour of the school, by arrangement.
3. Attend trial and interview.
4. Successful candidates will be sent registration documents
5. Registration documents are completed and returned.
6. The Sixth Form academy sports programme commences.



Level 3 Certificate in Food Science and Nutrition

Why choose Level 3 Certificate in Food Science and Nutrition?

An understanding of food science and nutrition is relevant to many industries and job roles. Care providers and nutritionists in hospitals use this knowledge, as do sports coaches and fitness instructors. Hotels and restaurants, food manufacturers and government agencies also use this understanding to develop menus, food products and policies that support healthy eating initiatives. Many employment opportunities within the field of food science and nutrition are available to graduates.

What will I study?

This qualification will enable you to demonstrate an understanding of the science of food safety, nutrition and nutritional needs in a wide range of contexts, and through on-going practical sessions, to gain practical skills to produce quality food items to meet the needs of individuals. It has been designed to offer exciting, interesting experiences through applied learning, i.e. through the acquisition of knowledge and understanding in purposeful, work-related contexts, linked to the food production industry.

What skills will I develop?

Careers with Level 3 Certificate in Food Science and Nutrition You will build on and extend your practical food preparation skills plus each unit within the

qualification has an applied purpose which acts as a focus for the learning in the unit. The applied purpose demands authentic work related learning in each of the available units. It also requires you to consider how the use and application of your learning impacts on yourself, other individuals, employers, society and the environment. The applied purpose will also enable you to learn in such a way that you develop:

- skills required for independent learning and development
- skills to ensure your own dietary health and well being
- a range of generic and transferable skills
- the ability to solve problems
- the skills of project based research, development and presentation
- the ability to apply mathematical and ICT skills
- the fundamental ability to work alongside other professionals, in a professional environment
- the ability to apply learning in vocational contexts.

How will I be assessed?

The WJEC Level 3 Certificate in Food Science and Nutrition is assessed using a combination of internal and external assessment. If you follow this qualification you will study one unit.

You will have to complete: an internal assessment which includes a 3½ hour practical session and an external examination in the summer.

Careers with Level 3 Certificate in Food Science and Nutrition:

By studying for this certificate alongside other relevant qualifications at Level 3 e.g. GCE Biology, Physical Education, Sociology, learners will gain the required knowledge to use the qualification to support entry to higher education courses such as:

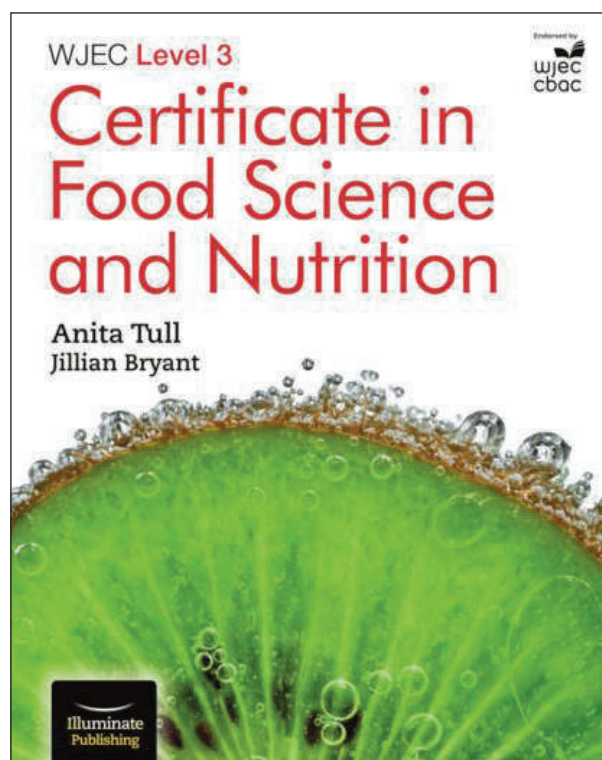
- BSc Human Nutrition
- BSc (Hons) Public Health Nutrition
- BSc (Hons) Food Science and Technology

Teacher:

Mrs Ford

Starts:

September 2023



Level 3 Child Development

Course title:

NCFE Level 3 Certificate Childcare and Education

This qualification is suitable for a range of learners either working or wishing to work in early years education and care.

About:

The Level 3 Certificate in Childcare & Education prepares learners to work with children from birth to 5 years and gain knowledge of years 5 to 7.

Students:

Maximum 12 on course.

Teacher:

Miss K Rutledge

Hours:

10 lesson hours/10 work experience hours/2 project hours per week.

Minimum requirements:

English 4+/ Maths 4+ and 2 other level 4 and above subjects.

How will I be assessed:

Observation, discussion, learner log/diary, planned activities.

Essential Uniform:

Black comfy trousers and Piglets/Chessington polo shirt.

Course resources:

Textbook, arch lever folder, student planner/diary, 2 polo shirts. Own laptop can be used. Written work and school Chromebooks will be used in the lessons.



Piglet's Pre-School

For more information, email: krutledge@chessington.kingston.sch.uk

Level 3 National Certificate in Performing Arts

Course title:

Pearson BTEC Level 3 Certificate in Performing Arts

This course is ideal for anyone who is passionate about a career in the performing arts and provides the opportunity for further study at university or drama school.

Why study performing arts?

You will learn about all aspects of the performing arts, in addition to developing your practical skills through a range of workshops and performances, lectures, research and time reflecting on your activities. The course will allow learners to study and develop the skills and disciplines they need in order to perform on stage or screen. Students will explore a range of styles and techniques including:

- Classical theatre
- Contemporary theatre
- Musical theatre

What will I be learning about?

- Developing Skills and Techniques for Live Performance
- Investigating Practitioners' Work
- Group Performance Workshop
- Performing Arts in the community
- Individual performance commission
- Final live performance to an audience

Performance

- Acting styles
- Singing techniques for performers
- Developing the voice for performance
- Movement in performance
- Musical theatre techniques
- Variety performance
- Physical theatre techniques

How will I be assessed?

Observation, discussion, learner log/diary, planned activities and a combination of internal and external assessment.



Where will this lead?

This course delivers transferable knowledge and skills that prepare learners for progression to university or Drama school, Acting, Musical Theatre or Performing Arts. Other possible areas at university might be media, journalism, events management, technical theatre or education (teaching). The transferable skills that universities value include:

- The ability to learn independently
- The ability to research actively and methodically
- Being able to give presentations and being active group members.

Learners can develop the knowledge and skills required for particular degree courses, including reading texts, extended writing, analytical skills, creative development, communication skills, collaborative skills, independence, preparation for assessment methods used in degrees.

What are the entry requirements?

Five grade 9-4 at GCSE including Maths and English.









CHESSINGTON

SIXTH FORM

Helping you
make the right choices
for your future



CHESSINGTON

SCHOOL

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